

Prof. Dr. Marjan van den Akker

Head of the working group Polypharmacy and Care Research

Phone: 0049 69-6301-80454

Fax: 0049 69-6301-6014

Contact: M.vandenAkker@allgemeinmedizin.uni-frankfurt.de

University degrees

- 1999: PhD Thesis 'Multimorbidity in a General Practice Population. Prevalence, Incidence and Determinants of Multiple Pathology', promoters prof. J.A. Knottnerus, prof. F. Buntinx, prof. J.F.M. Metsemakers
- 1987-1992: Masters Health Sciences, specialty Nursing Sciences, Maastricht University, the Netherlands

Professional activities

- 2019 onwards: Professor for Polypharmacy and Care Research, Institute for General Practice, Johann Wolfgang Goethe University, Frankfurt am Main
- 2019 onwards: Guest professor, Department of Family Medicine, Care and Public Health Research Institute: CAPHRI, Maastricht University, the Netherlands
- 2010 onwards: Visiting Professor Department of General Practice, KU Leuven, Belgium
- 2012: Guest professor; Institute for General Practice, Johann Wolfgang Goethe University, Frankfurt am Main
- 2010: April, May, September: full-time Guest Researcher at the Aging Research Centre of Karolinska Institute, Stockholm, Sweden.
- 2011-2019: Associate professor at the Department of Family Medicine, Care and Public Health Research Institute: CAPHRI, Maastricht University, the Netherlands
- 2008-2019: 0.1 fte posting to the School of Mental Health and Neuroscience (MHeNS), Maastricht University, the Netherlands
- 2000-2011: Assistant professor at the Department of General Practice, School for Public Health and Primary Care: CAPHRI, Maastricht University, the Netherlands
- 1998-2000: Post-doc researcher, Department of General Practice, Maastricht University, project 'Care for patients who have suffered from stressful life events'
- 1993-1998: PhD-student, Department of General Practice, Maastricht University, project 'Determinants of multimorbidity'

Qualifications

- 2017: Good Clinical Practice (GCP) - Certificate
- 2015: Assessment English language skills (score Common European Framework of Reference (CEFR): C1)
- 2011: BKO (Qualification Educational Skills)
- 1999: PhD
- 1998: Registration as Scientific Researcher in Epidemiology
- 1992: Masters degree Health Sciences, specialty Nursing Sciences, Maastricht University, the Netherlands

Selection of professional activities

- 2015-2019: Chair of the working group Academic training of the NVMO (Netherlands Association for Medical Education)
- Seit 2012: Co-editor in Chief of Journal of Comorbidity
- 2006: Co-founder of the International Research Community on Multimorbidity (virtual community for researchers and health care professionals with members from Europe, North-America and Australia)
- 2006-2009: Development and execution of scientific education for MATRA Izmir (scientific education for 10 Turkish general practitioners, initiated and financed by the Dutch Ministry of Foreign Affairs)
- 2009-2017: Chair of Master Year 3 of the Medical Program, Maastricht University
- 2003-2019: Coordinator of the Registration Network Family Practices, Maastricht University
- 2004-2012: Scientific Manager Study on Medical Information and Lifestyles Eindhoven
- 2000-2019: Entwicklung und Umsetzung der wissenschaftlichen Ausbildung im Beruf für Allgemeinmediziner, Universität Maastricht
- 1999-2002: Development and execution of scientific education for MATRA Rumania (scientific education for 9 Rumanian general practitioners, initiated and financed by the Dutch Ministry of Foreign Affairs)

Forschungsschwerpunkte

My research activities focus on comorbidity, multimorbidity, polypharmacy, psychosocial profiles in longitudinal perspective and well-being of older cancer patients/survivors and role of family medicine in the care for cancer survivors.

As a young researcher, my main focus of research was epidemiological studies on multimorbidity (prevalence and incidence of multimorbidity and associations with psychosocial characteristics, as well as descriptive studies of co-morbidity of chronic diseases). Increasingly, this incorporates more complex longitudinal epidemiological analyses of the development of multimorbidity and polypharmacy, disentangling morbidity and medication patterns and longitudinal associations between psychosocial determinants and multimorbidity. Additional,

analyses of health care concern interactions (disease-disease, treatment-treatment, and treatment-disease) extrapolated from (disease specific) guidelines and the feasibility to apply these guidelines for and with patients who have multimorbidity. Also, intervention studies are initiated focusing on improving care for patients with multimorbidity and polypharmacy, by performing interdisciplinary medication reviews, involving the patients and his/her preferences and goals, using both qualitative and quantitative methods.

[Publications](#)