

# Dr. Julia Haberstroh

Research area: Geriatric medicine

Main focus: Psychogeriatrics and Clinical Gerontology

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## [Contact](#)

University Education	<ul style="list-style-type: none"><li>• 1999-2005: Psychology at Darmstadt University of Applied Sciences</li><li>• 2005 – 2007: Research assistant (scholarship holder) for a cooperation project between the educational psychology working group at Darmstadt University of Applied Sciences and the Chair of Geropsychiatry at Goethe University Hospital, Frankfurt am Main</li><li>• Since 2007: Freelance psychology trainer and supervisor</li></ul>
Professional Experience	<ul style="list-style-type: none"><li>• 2007 – 2011: Research assistant to the Chair of Geropsychiatry, Goethe University Hospital, Frankfurt am Main, coordination of the team for "psychosocial interventions for the prevention and therapy of dementia"</li><li>• Since 06/2011: Schumpeter-Fellow of the Volkswagen foundation, research assistant in the working group on interdisciplinary gerontology, Goethe University, Frankfurt am Main</li></ul>
Qualifications	<ul style="list-style-type: none"><li>• 2005: Advanced degree in psychology; focus on clinical and educational psychology</li><li>• 2005: Completed training to become "psychology coach", Darmstadt University of Applied Sciences</li><li>• 2006: Completed training in "life assistance for severely and terminally ill persons", Darmstadt hospice and palliative care association.</li><li>• 2007: Doctorate in psychology, Darmstadt University of Applied Sciences</li><li>• 2009: Completed training in "systemic counseling", Darmstadt Institute of Systemic Counseling</li><li>• 2010 – 2011: Specialist training in action methods for systemic therapy, Darmstadt Institute of Systemic Counseling</li></ul>
Scientific Awards	<ul style="list-style-type: none"><li>• 2009: Caecilia-Schwarz award for innovation in assistance to the elderly</li><li>• 2007: Georg-Gottlob thesis award in applied psychology</li><li>• 2005 – 2007: Doctoral scholarship from the German Alzheimer Foundation</li><li>• 2005 – 2007: Doctoral scholarship from the BHF-Bank Foundation</li><li>• 2005: Bad Kissinger Parkwohnstift award for gerontology</li></ul>
Current focus	<ul style="list-style-type: none"><li>• Nursing and healthcare research</li><li>• Psychosocial counseling, training and healthcare concepts for</li></ul>

- inpatient, outpatient and home care for persons with dementia
  - Communication and dementia (communication skills, cooperation, networking)
  - Capacity to provide consent to medical treatment in cases of dementia
  
  - 2005 – 2010: Active voluntary work at Darmstadt hospice and palliative care association.
  - Since 2009: Board member Frankfurt Alzheimer Society (board secretary)
- Other activities